

**WINTER SOWING – What it is, and how we can all have a ton of plants for our gardens and to give away, for the price of SEEDS and SOIL .... Without grow lights and greenhouses!**

**For the meeting → please bring a container – see below for details.**

Who doesn't long for a little digging in the soil right about now?

I am a complete novice at this, so we will learn together. Who better than Joe Lamp'l to get the "skinny" on How-To?

From <https://joegardener.com/podcast/130-winter-sowing> :

"Trudy Davidoff was a novice seed starter who was challenged for space. Her small cottage in New York didn't provide the room she needed to accommodate seed trays. After a little research, Trudy learned that many varieties of seeds require a chill period to trigger germination. So, she decided to try to mimic what happens naturally.



She sowed seeds in containers in late winter, left the containers outdoors and waited to see if they would germinate in the spring. Without supplemental water, fertilizer or

special coddling; the seeds did germinate, and as the temperatures rose so did Trudy's seedlings.

Flash forward a couple of decades, and Trudy's methods are becoming more popular. What's not to love? After all, some of the best tools for winter sowing are repurposed materials you already have in your home, and winter sowing couldn't be much easier. Once the seeds are in the growing medium, you can practically forget about them until they are ready to transplant into your garden beds."

**AT OUR FEBRUARY GARDEN CLUB MEETING → I will bring soil, a selection of items to use to cut holes, and I'll even have extra seeds (but they may not be something you want to use, so probably better to bring some you would like to plant).**

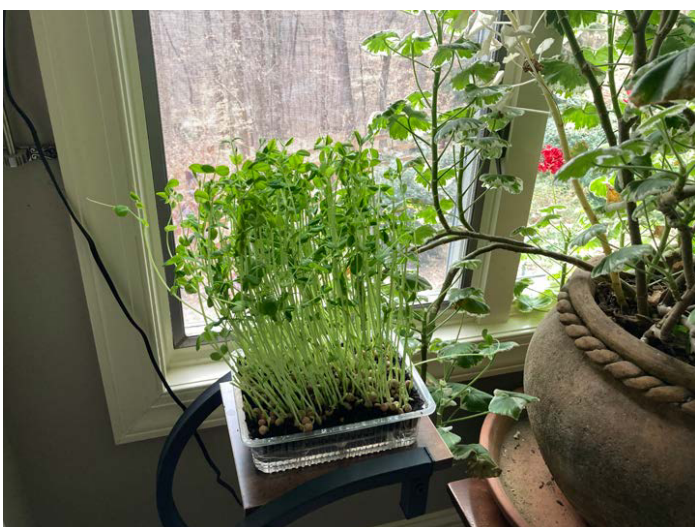


**Please, if everyone could bring a container, more than one if you like.**

Shown above:

- Basic storage container from Sams, Costco, Target, Walmart
- Costco rotisserie chicken container
- From Kroger, a container that used to have Driscoll strawberries in it
- A milk-water-tea jug (I read somewhere that you can get these from Starbucks)

I will have tips to make it even easier, and I will also be bringing some growing Microgreens and provide anyone who is interested with my resources and tips to growing these vitamin-packed goodies!



See you on February 12<sup>th</sup>!

*Virginia*